

A. Drugs of Plant Origin

<u>Unani Names</u>	<u>English Names</u>	<u>Scientific Names</u>	<u>Actions</u>
1. Amba Haldi	Mango Ginger	Curcuma amada	Bruises, Sprains, Wounds
2. Aamla	Emblic Myrobalan	Embllica officinalis	Astringent, Refrigerant
3. Aaqarqarha	Pellitory, Pyrethrum Root	Anacyclus pyrethrum	Cough, Dysurea, Epilepsy, Sexual debility, Nervous debility etc., Used for salivation, Mild Anesthetic
4. Abhal (Aarar)	Juniper Berries, Mountain Cyperus	Juniperus communis	Nervine Tonic, Antipyretic
5. Adas (Masoor)	Lentil	Lens esculenta Moench	
6. Adrak	Ginger	Zingiber officinale	Digestive, Carminative, Expectorants
7. Afsanteen	Worm Wood, Southern Wood	Artemisia absinthium	Hepatitis, Indigestion, Jaundice, Hepatic disorders, Appetizer, Malaria etc., Antipyretic, Antiseptic, Appetizer
8. Aftimoon	Dodder or Cuscuta	Cuscuta epithymum	
9. Amaltas	Indian Lebernum, Drum, Stick Plant, Golder Shower, Purging Cassia	Cassia fistula	Anti-inflammatory, Purgative
10. Anar	Pomegranate	Punica granatum	
11. Anba (Aam)	Mango	Mangifera indica	Astringent,, Antipyretic, Refrigerant
12. Angoor	Grape	Vitis vinifera	Haemetinic
13. Anjeer, Anjra (Khushk Dashti)	Dried Fig	Ficus carica	Blood Purifier, Purgative detergent
14. Anjabar	Bistort, Adderwort, Snake Weed	Polygonum bistorta	
15. Anisoon	Anise, Aniseed	Pimpinella anisum	Carminative, Digesting, Analgesi

16. Aqaqia (Kikar, Babul, Mughilan)	Acacia	Acacia arabica	Diabetes mellitus, Gonorrhea, Leucorrhoea, Sexual debility, Catarrh, Cough etc.
17. Asaroon	Asarbacca, Hazelwort	Asarum europaeum	Demulcent, Sedatives
18. Aspaghol	Ispaghul, Spogel Seeds	Plantago ovata	Nervine Tonic, Anti- inflammatory
19. Asl-us-Soos	Liquorice	Glycyrrhiza glabra	Antisecretory, Antacids, Demulcent, Mucolytic
20. Atees	Monk's Hood, Aconite	Aconitum heterophyllum	Convalescence, Cough, Diarrhoea, Dysentery, General Debility etc
21. Azaraqi (Kuchla)	Nux Vomica	Strychnos nux-vomica	Nervine Tonic, Stimulant
22. Babchi	Babachi Seeds (Psoralia)	Psoralia corylifolia	Blood Purifier, Stimulant
23. Badam (Shireen-o- Talkh)	Almond	Prunus amygdalus	Brain Tonic, Laxative, Detergent, Mucolytic, Anti-inflammatory,
24. Badiyan (Saunf)	Fennel	Foeniculum vulgare	Anti-inflammatory, Carminative, Diuretic
25. Baharangi (Bharangi)	Glory Tree, Blue Flower, Beetle Killer	Clerodendrum serratum	
26. Bakayin	Persian Lilac, Bead Tree	Melia azedarach	Antispasmodic, Stimulant
27. Balela (Bahera)	Beleric Myrobalan	Terminalia bellirica	Absorbent & expellant, Brain Tonic
28. Baloot	Acorn, Chestnut Tree, Oak	I. Aesculus hippocastanum II. Quercus incana III. Quercus infectoria Olivier	Astringent, Absorbent
29. Banafsha	Sweet Violet	Viola odorata	Demulcent, Diaphoretic, Laxative
30. Baobarang (Babrang)	Embelia	Embelia ribes Burm	Vermeccidal, Bilagogue
31. Batrang	Plantain Tree	I. Plantago lanceolata II. Plantago major	Analgesic
32. Bazr-ul-Banj (Khorasani Ajwayin)	Henbane	Hyoscyamus niger	Anesthetic
33. Beesh (Mitha Zahar, Atees)	Aconite, Monk's Hood	I. Aconitum napellus II. Aconitum heterophyllum Wall	Ittitative, Local Anesthetic, Analgenic
34. Behidana (Behi)	Quince	Cydonia oblonga	Demulcent, Antitussive, Anticatarrhal, Anti- tuberculosis, Antipyretic
35. Behman Safaid	White Behen	Centaurea behen	Cardio tonic,

			Aphrodisiac
36. Behman Surkh	Red Behen (Sage)	Salvia haematodes	Cardio tonic, Aphrodisiac
37. Behroza (Biroza, Gandah Birozah)	Pine	Pinus longifolia	Disinfections, Absorbent for ulcers
38. Biranj Sathi (Chawal)	Rice (Var. Sathi)	Oryza sativa	
39. Bisbasa (Javetri)	Mace	Myristica fragrans	Carminative, Exhilarant, Aphrodisiac, Melanagogal & phlegmegogue
40. Bisfajej	Common Polypody	Polypodium vulgare	
41. Brahmdandi		I. Lamprachaenium microcephalum II. Tricholepis angustifolia	Blood purifier, Antipyretic, Bilogogue
42. Buzidan (Saleb, Khus-yat-us-Saleb)	Saleb (Orchid)	I. Orchis latifolia II. Orchis laxiflora III. Orchis mascula	Anti-inflammatory
43. Chaksu		Cassia absus	Anti-inflammatory, Detergent
44. Chameli (Yasmeen, Yasmaan)	Jasmine	Jasminum grandiflorum	Exhilarant, Flavourinfagent
45. Chilghoza	Edible Pine	Pinus gerardiana	Nutrient, Aphrodisiac
46. Chiraita	Chirata (Indian Gentian)	Swertia chirata Buch-Ham	Blood Purifier, Anthelmintic, Antipyretic, Laxative, Galactagogue
47. Chobchini	China Root	Smilax china	Blood purifier, Anti-inflammatory, Absorbent for ulcer
48. Damm-ul-Akhwain	Dragon's Blood	Dracaena cinnabari	Absorbent, Astringent
49. Darchini	Cinnamon	Cinnamomum zeylanicum Blume	Cardio tonic, Carminative, Antiseptic, Mucolytic
50. Dhamaya (Dhamasa)		Fagonia cretica	
51. Dirmana Turki	Sontonica (Worm-seed)	Artemisia maritima	Anthelmintic, Vermicidal
52. Filfil Daraz, Filfil Moya	Long Pepper	Piper longum	Mucolytic, Appetizer, Carminative
53. Filfil (Safaid/Siyah)	Pepper (Black & White)	Piper nigrum	Digestent, Carminative, Antidote, Nervice Tonic
54. Funduq	Hazel Nut	Corylus avellana	Brain Tonic, Nervice Tonic, Anabolic
55. Gandana	Shallot	I. Allium ascalonicum II. Asphodelus tenuifolius	Astringent, Anti-inflammatory, Analgeric, Lithotriptic, Antipyretic
56. Gaozaban	Cow's Tongue Plant, Borage	Borago officinalis and	Toxic, diuretic,

		other species of Boraginaceae	Astringent, demulcent, General Tonic, Aphrodisie
57. Gazar (Gajar)	Carrot	Baucus carota sativa	Expectorant, Diuretic, Litho tropic
58. Ghafis (Gul-e-Ghafis)	Persian Gentian	Gentiana olivieri	Anti-inflammatory, Diphoretic, Blood purifier
59. Ghariqoon	Agaricus (Mashroom)	Agaricus alba	
60. Gheekawar	Aloe plant	Aloe barbadensis	Arthritis, Asthma, UTI, Immunity, Hyperlipdermia, Arteriosderosis etc.
61. Gilo	Moon Creeper, Bile Killer	Tinospora cordifolia (Willd.) Miers	Blood purifier, Antipyretic
62. Gulnar (Gulnar Farsi)	Pomegranate (Male variety)	Punica granatum	
63. Gul-e-Surkh (Ward, Gulab)	Rose	Rosa damascena	Laxative, Exilerent, Anti-inflammatory,
64. Gular	Cluster Fig	Ficus racemosa	Antidierrhoeal
65. Gurmar Buti	Small Indian Ipecac	I. Gymnema sylvestre II. Cephael's ipecacuanha (Brot.)	
66. Habb-ul-Neel (Kaladana)	Indigo, Pharbitis Nil	I. Indigofera tinctoria II. Ipomoea hedracea	Anthelmintic
67. Habb-ul-Qilt (Kulthi)	Horse Gram	Dolichos bilflorus	
68. Habb-ul-Rashaad (Tukhm-e-Taratezak, Haloan)	Garden Cress, Rocket Plant	Lepidium sativum	
69. Habb-us-Salateen	Croton	Croton tiglium	
70. Halela (Siyah, Zard Kabuli)	Chebulic Myrobalan (Black, yellow, brown)	Terminalia chebula	
71. Hanzal	Colocynth	Citrullus colocynthis	
72. Heel Kalan	Greater Cardamom, Wild Cardamom	Amomum subulatum	Hyperacidity, Collie, Abdominal distention etc.
73. Heel Khurd	Lesser Cardamom	Elettaria cardamomum Maton	
74. Hilteet (Hing)	Asafoetida	Ferula foetida Regel	
75. Hina	Henna	Lawsonia inermis	
76. Hulba (Methi)	Fenugreek	Trigonella foenum- graecum	
77. Hummaz	Sorrel	Rumex vesicarius	
78. Inderjao Shireen	Dyer's Oleander, Blue Dying Roseberry	Wrightia tinctoria	
79. Inderjao Talkh	Conesse Bark tree	Holarrhena antidysenterica	
80. Ispand	Wild Rue	Peganum harmala	
81. Izkhar	Lemon Grass	I. Cymbopogon jwarancusa II. Sun. Andropogon	

82. Jadwar	Delphinium	Jwarancusa Jones, Delphinium denudatum	
83. Jamun	Black Plum	Syzygium cumini Skeels	
84. Jao	Barley	Hordeum vulgare	
85. Jauzbuwa	Nutmeg	Myristica fragrans	
86. Kababchini (Kankol)	Cubeb	Piper cubeba	
87. Kachnal (Kachnar)	Mountain Ebony	Bauhinia racemosa	
88. Kaddu	Pumpkin, Musk Melon	Cucurbita moschata	
89. Kafoor	Camphor	Cinnamomum camphora Nees	
90. Kahruba	Ambar	Pinus succinifera	
91. Kahu	Lettuce	Lactuca sativa	
92. Kaknaj	White Cherry, Night Shade	Physalis alkekengi	
93. Kakronda		Blumea balsamifera	
94. Kalonji (Kamazarius)	Small Fennel	Nigella sativa	
95. Karafs	Celery	Apium graveolens	UTI, Digestive, Hepatic disorders, Anxiety, Arthritis etc.
96. Karanj	Indian Beach Physic	Pongamia pinnata	
97. Karanjwa	Physic Nut, Mulacca Bean, Nicker Nuts	Caesalpinia bonducella	
98. Kasni	Chicory	Cichorium intybus	
99. Katan	Lin Seed	Linum usitatissimum	
100. Kateera (Katira)	Gum Tragacanth, Tragacanth	Cochlospermum religiosum Alston	
101. Kath Safaid	White Catechu	Acacia leucophloea	
102. Kela (Mouz)	Banana	Musa paradisiaca	
103. Kharbuza	Sweet Melon	Cucumis melo	
104. Khardal (Rai)	Black Mustard	Brassica nigra Hook	
105. Kharnob-e-Shami	Carob Tree, Locust Tree	Ceratonia siliqua	
106. Khashkhashh (Safaid/Siyah)	Poppy seeds	Papaver somniferum	
107. Khatmi	Marsh Mallow, Holly Hock	Althaea officinalis	Asthma, Bronchitis, Common cold, Obesity etc.
108. Khiyar (Khira)	Cucumber	Cucumis sativus	
109. Khubbazi	Common Mallow	Malva sylvestris	
110. Khulanjan	Galangal, Greater Galangal, Siamese Ginger	Alpinia galanga	Common cold, Sexual debility, Gastric troubles etc.
111. Khufra	Purslane	Portulaca oleracea	
112. Khurma (Khajoor)	Dates	Phoenix dactylifera	

113. Kishniz	Coriander	Coriandrum sativum	
114. Koknar	Opium	Papaver somniferum	
115. Kundur	Olibanum	Boswellia serrata	Arthritis, Asthma, Bronchitis, High LDL Cholesterol level, Myositis
116. Kunjad (Siyah/Safaid), (Till)	Sesame, Gingelly	Sesamum indicum	
117. Kutki		Picrorhiza kurroa Royle	
118. Leemu	Lemon, Lime	Citrus aurantifolia Swingle	
119. Lodh Pathani	Lodh Tree, Lodh	Symplocos racemosus	
120. Madar (Aak)	Madar Tree	Calotropis gigantea	
121. Maror Phali	Indian Screw Tree	Helicteres isora	
122. Mastagi	Mastich	Pistacia lentiscus	
123. Mayeen Kalan	Tamarix Galls (Large)	Tamarix gallica	
124. Mughas (Maida Lakdi)	Wild Pomegranate	I. Litsea chinensis II. Litsea sebifera	
125. Muqil	Bdellium	Commiphora mukul	
126. Mur Makki	Myrrh	Commiphora myrrha	
127. Musli Safaid	White Musale	Chlorophytum arundinaceum Baker	
128. Musli Siyah	Black Musale	Curculigo orchioides	
129. Nana (Pudina)	The Marsh Mint Weed	Mentha arvensis	
130. Nankhwah (Ajwayin)	Ajowa seed, Bishop's Weed	Ptychotis ajowan	
131. Narjeel (Naryal)	Coconut Tree	Cocos nucifera	
132. Narmushk (Nagkesar)	Iron Wood Tree	Mesua ferrea	
133. Neel Kanthi (Pashanbheda)	Indian Gentian	Gentiana Kurroo Royle	
134. Neem	Margosa Tree	Azadirachta indica	Blood purifier, Antiseptic, Antibacterial etc.
135. Nilofar	Water Lily	I. Nymphaea alba II. Nymphaea lotus	
136. Nishasta-e-Gandum	Wheat Starch	Triticum aestivum	
137. Ood-e-Balsan	Balsam Wood	Commiphora opobalsamum	
138. Ood-e-Hindi (Agar)	Eagle Wood, aloe Wood	Aquilaria agallocha	General Debility, Rheumatism, Asthma, Hypertension
139. Palaspapra (Dhak)	Bengal Kino Tree, Flame of the forest	Kuntze	
140. Pambadana (Habb-ul-Qutn)	Cotton Plant	Gossypium herbaceum	
141. Panwar	Sickle Senna	Cassia tora	

142. Peepal Chab	Pepper Chaba	Piper chaba Hunter	
143. Piyaz	Onion	Allium cepa	Angina pectoris, Sexual debility, Common cold, Hypertension
144. Qaranful (Laung)	Clove	Syzygium aromaticum	
145. Qimbeel (Kamila)	Indian Kamila	Mallotus philippensis	
146. Qirfa (Taj)	Casia, Chinese Cinnamon	Cinnamomum cassia Blume	
147. Qurtum	Safflower, Bastard Saffron	Carthamus tinctorius	
148. Qust	Costus	Saussurea lappa C.B. Clarke	
149. Qust Tulkh	Costus	Costus speciosus	
150. Raal	White Damar, Indian Copal Tree	Vateria indica	
151. Rasaut	Indian Barberry	Berberis aristata	Anemia, Leucorrhoea, Menorrhagia, Vit. C deficiency etc.
152. Ratanjot		Onosma echinodes	
153. Rewand Chini	Rhubarb, Rheum	I. Rheum Officinale Baillon II. Rheum palmatum III. Rheum emodi	
154. Rubb-us-Soos	Liquorice, Sweet Wood	Glycyrrhiza glabra	
155. Rufi	Nut Grass	Cyperus rotundus	
156. Sakbeenaj	Sagapunum	Ferula persica	
157. Salab Misri (Khusyat-us-Salab)	Salep	Orchis latifolia	
158. Saleekha (Taj)	Cinnamon	Cinnamomum cassia Blume	
159. Samagh-e-Arabi (Babool)	Gum Acacia	Acacia arabica	Diabetes mellitus, Sexual debility, Catarrh, Cough, Diarrhoea etc.
160. Samagh-e-Dhak (Palas)	Bengal Kino, Flame of the Forest	Butea monosperma	Diarrhoea, Dysentery, Leucorrhoea, Sexual debility etc.
161. Sambhalu	Negundo	Vitex negundo	
162. Sana (Mecca Senna)	Senna, Tinnevely Senna	Cassia angustifolia	
163. Sandal Safaid	Sandal Wood	Santalum album	
164. Sapistan (Lasora)	Common Sebestens	Cordia dichotoma	
165. Saqmonia	Scammony	Convolvulus scammonia	
166. Sarphuka	Purple Tephrosia	Tephrosea purpurea	
167. Sarson	Mustard	Brassica campestris	Back pain, Headache, Constipation, Muscular cramp,

			Rheumatism etc.
168. Satwar	Asparagus	Asparagus racemosus	
169. Sazaj	Indian Cassia Lignea	Cinnamomum tamala Nees & Eberm	
170. Seb	Apple	Malus sylvestris	
171. Shahtara	Fumitory	Fumaria parviflora	
172. Shalgham	Turnip	Brassica rapa	Cough, Diarrhoea, Sexual debility, Sneezing, Stress etc.
173. Shaqaq-ul-Misri	Wild Parsnip	Pastinaca secacul	
174. Sheetraj Hindi	Ceylon Lead Wort	Plumbago zeylancia	
175. Sibr	Aloe Plant	Aloe barbadensis	
176. Singhara	Water Chest Nut, Singhara Nut	Trapa bispinosa	
177. Sumaq	Sumach, Japan Wax Tree	Rhus coriaria	
178. Sumbul-ut-Teeb	Indian Valerian	Nardostachys jatamansi	
179. Suranjan Talkh	Colchicum (Bitter)	Syn. aleriana jatamansi	
180. Tabasheer	Bambu Manna	Colchicum luteum Baker	
181. Talmakhana	Gorgan Nut	Bambusa bambos	
182. Tamar Hindi	Tamarind	Euryale ferox	
183. Tambol (Paan)	Betel Leaf	Tamarindus indica	
184. Tarbuz	Water Melon	Piper beetle	
185. Tudri (Safaid/Surkh/Zard)	Wall Flower (White, Red, Yellow)	I. Lepidium iberis II. Cheiranthus cheiri III. Marhiola icana	
186. Turanj	Citron	Citrus medica	
187. Turb	Radish	Raphanus sativus	
188. Turbud	Turpeth	Operculina turpethum Silva-Manso	
189. Unnab	Jujube	I. Zizyphus jujuba II. Zizyphas sativa	
190. Usara Rewand	Rhubarb, Rheum	I. Rheum emodi II. Garcinia hanburri	
191. Ushba Maghrabi	Medican Sarsaparilla	Smilax aristolochaefolia Miller	
192. Ustukuddus	French Lavender	Lavandula stoechas	
193. Waj-e-Turki	Sweet Flag	Acorous calamus	Amenorrhea, Asthma, Sexual debility, Hysteria, Hepatic disorders
194. Zafran	Saffron	Crocus sativus	Cardiotonic, Detergent, Anti-inflammatory
195. Zanjabeel	Ginger	Zingiber officianale	Carminative, Digestive
196. Zarambad	Zedoary	I. Curcuma zedoaria	Stimulant,

		II. Zingiber zerumber	Carminative, Expectorant, Demulcent, Diuretic
197. Zar-e-Ward	Rose	Rosa alba	Astringent
198. Zarishk	Barberry	Berberis aristata	Anemia, Gastritis, Hepatitis, Malaria, Anti-inflammatory, Astringent, Refrigerant, Carminative, Appetizer
199. Zeera Safaid	Caraway	Cuminum cyminum	Carminative, Digestive, Amenogogue
200. Zeera Siyah	Black Caraway	Carum carvi	Digestive, Carminative, Amenogogue